



Committee Title: Housing, Health and Community

Date: 18th September 2023

REPORT TITLE:	Brentwood Health and Wellbeing Board Update
REPORT OF:	Tracey Lilley, Director of Community and Health

REPORT SUMMARY

The Health and Wellbeing Strategy 2020 – 2023, was written before the COVID-19 pandemic and is due to be refreshed before 2024. In light of the upcoming strategy refresh the public health team felt it necessary to have an updated, post-pandemic snapshot of the health and well-being of the borough in line with current data, in order to update the priorities to best suit the needs of the residents.

The populations of England and Wales have been ageing steadily over the past several years, as indicated in the findings of the 2021 Census, which reveals a significant increase in individuals belonging to older age groups and over 18.6% (11 million) of the total population aged 65 years or older (ONS, 2023). This contrasts with the 16.4% recorded during the previous census in 2011. The population in Brentwood is 77,000 with a significant retired population - an ageing population trend projected to continue.

Snapshot of key findings

Dementia

- The ageing demographic and increased prevalence of dementia related conditions (projecting to reach over 1 million by 2025) signifies an ever-growing public health concern (PHE, 2021).
- In Brentwood 65.3% of aged 65+ are diagnosed with dementia (OHID, 2022).

Diabetes

- There are fewer residents in Brentwood being diagnosed and subsequently treated than current projections of estimated prevalence for the condition (OHID, 2019).

Mental Health

- The prevalence of mental health conditions is rising across all age groups. In a post COVID-19 pandemic world self-reported feelings of loneliness and social isolation are increasing. 1.4 million adults in the UK stating they are often lonely (Age UK, 2023).
- In Brentwood, 'Occasionally lonely' has increased from 20% (2021) to 25% in (2022) (Sport England, 2022)
- The number of people who have died by suicide is 15 per 100,000 population.
- Smoking prevalence highest for patients with Long-term Mental Health conditions in Brentwood

Physical activity

- The number of children in Year 6 (aged 10-11 years) with a BMI classified as living with obesity or severe obesity, has increased by 2 percentage points in the last 2 years
- Levels of physical activity in children are decreasing and 30% of year 3 to year 11 children are doing less than 30 minutes of exercise a day

Further information is included in the attached presentation.

The three delivery subgroups; Ageing well, Start well and Find your active Brentwood, have their own separate action plans which are refreshed and reviewed yearly in order to work towards the priorities within the strategy. The current existing priorities are:

- Reducing the prevalence of adult and child obesity
- Reduce social isolation across the generations
- Improving our ability to Age Well
- Supporting everyone to Start Well

The new agreed overarching priorities are:

- Community Resilience
- Cost of Living Crisis
- Mental Health support
- Active Environments

The overarching priorities will be incorporated into the planning and designing of interventions within each subgroup's actions plans. The continued support and funding from Essex County Council provides a broad scope to deliver impactful projects that overcome health inequalities and meet agreed priorities.

The deadline for the draft strategy refresh is October 2023. Consultation with partners will begin at the end of October through to the end of November 2023. The final draft with feedback and amendments will be finalised by December. We anticipate the strategy will be complete by December 2023, ready for implementation at the start of 2024.

SUPPORT ING INFORMATION

1.0 BACKGROUND INFORMATION

See attached presentation.

2.0 OTHER OPTIONS CONSIDERED

Not applicable.

3.0 RELEVANT RISKS

No associated risks, as funding received is from an external source.

4.0 ENGAGEMENT/CONSULTATION

Will be undertaken with relevant partners, members and Health and Wellbeing Board members.

5.0 FINANCIAL IMPLICATIONS

Name & Title: Tim Willis, Director – Resources & Section 151 Officer
Tel & Email: 01277 312500 / tim.willis@brentwood.rochford.gov.uk

The Health and Wellbeing Board is a partnership board and externally funded.

6.0 LEGAL/GOVERNANCE IMPLICATIONS

Name & Title: Claire Mayhew, Acting Joint Director – People & Governance & Monitoring Officer
Tel & Email 01277 312500 / Claire.mayhew@brentwood.rochford.gov.uk

Any funding arrangements will be agreed by the Health and Wellbeing Board as part of their governance arrangements.

7.0 EQUALITY & HEALTH IMPLICATIONS

Name & Title: Kim Anderson, Corporate Manager - Communities, Leisure and Health

Tel & Email 01277 312500 kim.anderson@brentwood.gov.uk

The Public Sector Equality Duty applies to the Council when it makes decisions. The duty requires us to have regard to the need to:

- a. Eliminate unlawful discrimination, harassment and victimisation and other behaviour prohibited by the Act. In summary, the Act makes discrimination etc. on the grounds of a protected characteristic unlawful.
- b. Advance equality of opportunity between people who share a protected characteristic and those who do not.
- c. Foster good relations between people who share a protected characteristic and those who do not, including tackling prejudice and promoting understanding.

The protected characteristics are age, disability, gender reassignment, pregnancy and maternity, marriage and civil partnership, race, religion or belief, gender, and sexual orientation. The Act states that 'marriage and civil partnership' is not a relevant protected characteristic for (b) or (c) although it is relevant for (a).

The proposals in this report will not have a disproportionate adverse impact on any people with a particular characteristic and the Health and Wellbeing Strategy funding supports the most vulnerable in the community.

8.0 ECONOMIC IMPLICATIONS

Name & Title: Phil Drane, Director - Place

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It is important as part of placemaking that our residents have access to and are supported with appropriate health and wellbeing services and programmes.

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APPENDICES

Appendix A – Health and Wellbeing Board update report

BACKGROUND PAPERS

SUBJECT HISTORY (last 3 years)

Council Meeting	Date